CITY

YOGA FOR ADULTS ADULTS | SATURDAY 9AM | SUNDAY 10AM

Yoga in the mornings is a Wychwood tradition. For everyone, beginners or experienced – we share in stretches (always good after camping), breath work and reflections on maintaining balance in our lives.

STREET DANCE ALL AGES | SATURDAY 3PM

Join Lula May for the fun that is Street Dance. For all ages, abilities and family members - get fresh and funky with hip-hip, house, breaking, popping, locking, waacking, waving and tutting - a great way to find your gro

DANCE FITNESS ALL AGES | SATURDAY 12PM

New to Wychwood this year, Lula May will get you moving and enjoying all the benefits that Dance Fitness has to offer. Various routines to popular music tracks. For all ages, abilities and family members.

SAMBA DRUMMING WORKSHOP

ALL AGES | SATURDAY 12PM

The Sambistas will also be running participation workshops so you can try playing in the group yourself!

BELLY DANCE WITH SYREN ALL AGES (AIMED AT ADULTS) FRIDAY 3PM/SUNDAY 3PM

SYREN Alternative Belly Dancers will teach you some basic moves and put them into a fun dance, choreographed by them. No previous experience needed. Under 14s to be accompanied by an adult please.

SOCA CARNIVAL DANCE WITH ANNETT RICHARDS-BINNS ALL AGES (AIMED AT ADULTS) I FRIDAY 4PM

Join in the spirit of carnival 'wine you waist' and 'rub you belly' with Annett's dynamic carnival dance. Suitable for adults of all ages.

MENTO MOVES

WITH ANNETT RICHARDS-BINNS ALL AGES (AIMED AT ADULTS) | SATURDAY IPM

Mento is an acoustic folk music originating from Jamaica that pre-dates Ska and Reggae. Come and dance to old-time mento grooves - get vital moves. Suitable for adults of all ages.

LAUGHTER YOGA ALL AGES | SATURDAY 2PM | SUNDAY 1PM

Science has proved that the body cannot differentiate between simulated and real laughter. Laughter Yoga is a unique exercise routine, combining laughter and yogic breathing, with remarkable positive effects. Come and have a laugh!

WITH UKE-CAN

ADULTS | FRIDAY 5PM/ SUNDAY 12NOON

Join Sarah Kelly for this ukulele session and UKE-CAN be playing and singing Pop and Rock and Roll classics in minutes! For beginners of all ages.

BHANGRA TOTS WITH SOHAN KAILEY

UNDER 5S | SATURDAY 10AM

Jump on board the Bhangra train! Family fun dance for younger children together with their grown-ups. Learn fun dance movements like digging the soil, planting the seeds and celebrations.

LET'S NAACH (LET'S DANCE) WITH SOHAN KAII FY

ALL AGES | SATURDAY 4PM

Experience the energy and pulsating beats of Bhangra in this vibrant dance workshop with Sohan Kailey. Suitable for all ages.

KIDS VS ADULTS SING OFF

WITH TRACEY VACHER
ALL AGES | FRIDAY 2PM

Who sings best? This fun session pits kids vs. adults to find out! Using chants from around the world, songs, rounds, and singing games, the teams battle it out!

SCRATCH HANDEL

SING THE HALLELUJAH CHORUS
ADULTS | SUNDAY 2PM

Handel's Hallelujah Chorus in under an hour? Absolutely! Join in the scratch choir, learn this iconic piece, and invite your friends and family to hear us perform it at the end of session.

MOUNTAINSIDE

MUSICLAB OPEN MIC SESSION ALL AGES (AIMED AT ADULTS) FRIDAY 3PM / SUNDAY 3PM

Fancy playing at Wychwood Festival? MusicLab Open Mics are back again to make that happen. Limited slots available - get yourself down to the tent and sign yourself up!

UKULELE FOR KIDS WITH UKE-CAN KIDS I SATURDAY 3PM

Join the fun! Suits age 5 and up - learn to sing into a microphone and play simple songs, Pop songs and Rock and Roll, in minutes!

MAGIC WORKSHOP WITH EL BALDINIHO KIDS I SATURDAY 3PM

Learn how to do amazing magic tricks with simple everyday props to astound your family and friends.

HANDS ON HARPS ALL AGES (AIMED AT ADULTS) SATURDAY 4PM/ SUNDAY 1PM

Complete beginners of all ages welcome. Creag and Morwenna will show you how to make a lovely sound on the instrument of the angels. Experience not needed, enthusiasm essential.

NEW POETRY FROM OLD POSTCARDS ALL AGES | FRIDAY 2PM

A workshop showing how to quickly start writing poems/ lyrics inspired by holiday postcards. Chris Hemingway is a published poet, slammer and singer-songwriter.

HARMONICA

ALL AGES | SATURDAY 12NOON

Your chance to learn to play harmonica - a simple instrument with endless possibilities.

SONGS FOR KIDS ALL AGES (AIMED AT KIDS) | SATURDAY IPM

The Jelly Babies are performing at Wychwood festival, singing PROPER rock songs from films like "Shrek", "Trolls", "Ghostbusters", and other silly tunes, a real rock gig for the whole family.

RAP WORKSHOP ALL AGES | SUNDAY 12NOON

Come and learn how to make your words powerful and punchy, with hip hop artist and spoken word star JPDL, and the adorkable comedy rapper Robin Hood Shaw.

HILLSIDE

CIRCUS WORKSHOP ALL AGES FRIDAY 1PM AND 4PM / SATURDAY 12PM AND 3PM SUNDAY 11AM AND 2PM

Solo Circus and Circus Kaos return with the ever-popular circus workshop. Try your hand at juggling, plate spinning, diabolo, hula hoop, stilts, unicycles and more with these international performers.

TATTY BUMPKIN KIDS YOGA UNDER 55 | SATURDAY 9AM/SUNDAY 10AM

Join Tatty Bumpkin and her animal friends for a fun, creative adventure. Be bendy, giggly, clever and strong. Yoga helps give children tools to develop creativity, flexibility and emotional wellbeing.

KINDRED FAE FOLK TALES KIDS I FRIDAY 3PM

Share enchanting tales, magical spells and games, dance, laugh and perhaps create a brand new story with our festival fae friends. Inclusive focus with some BSL, sensory play and lots of glitter.

HOW TO BRING THE FUNNY ALL AGES | SATURDAY 10AM

A comic poetry and spoken word workshop for the young, and young at heart with Brummie slam champ and satirist, Clive Oseman.

WEIRD HISTORY WITH KINDRED SPIRITS KIDS I SATURDAY 2PM

Forget snoozy classes with lots of numbers and names to remember, Kindred Spirits Storytellers are here with really strange and wonderful tales from history that we definitely weren't told at school!

BRING BACK ART WITH KINDRED SPIRITS KIDS | SUNDAY IPM

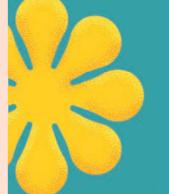
We want to share a little inspiration to last beyond the festival. Let's share stories from this weekend together and create something awesome to take home. Curious questions encouraged, silliness and fun guaranteed.

CIRCUS ADVENTURE UNDER 5S | SATURDAY 11AM

Roll Up! Roll up! Welcome to Drama Tots fabulous circus Adventure! Bring your grown-up and play pretend at the circus. Swing on a trapeze! Maybe walk a tightrope? Fun, songs and dance for all!

WYCHWOOD FESTIVAL

WORKSHOPS, ACTIVITIES & SHOWS 2023



FUN FOR ALL AGES

STORYBOX

SATURDAY 3RD JUNE

ANTHONY'S DOODLE WORKSHOP

FLEUR HITCHCOCK

JOHN DOUGHERTY

STEVE COLE

DAVID LITCHFIELD

BEN MILLER

JO COTTERILL

ALI SPARKES

18.00

GABRIEL DYLAN

SUNDAY 4TH JUNF

CHAZ'S FESTIVAL HEADDRESS WORKSHOP

STEVE ANTONY

CHRISTOPHER EDGE

13.00

PHILIP ARDAGH

ANDY SEED

GARETH P JONES

THE GARDEN

COMEDY MAGIC SHOW **ALL AGES | SATURDAY 10AM**

A fantastic family show from TV and festival performer, El Baldiniho, recently seen on Britain's Got Talent (where he got 4 veses). Kids can join a magic workshop after the show and learn some of the secrets.

NULA HULA - HULA HOOP SHOW **ALL AGES | SATURDAY 12PM**

Nula's show is a mixture of hula hoop skills, comedy and interaction and is followed by a chance to have a go yourself. Nula has performed at top festivals including Glastonbury where she was also part of a live broadcast for The One Show.

PROFESSOR STRANGE MAGIC SHOW **ALL AGES | SATURDAY 12PM**

A rib-tickling, jaw-dropping magic show for the whole family. With the enigmatic Professor Strange in charge, there's only one thing you can expect: that vou'll never have experienced a show like this before!

MONKEY MAGIC SHOW ALL AGES (AIMED AT KIDS) I SUNDAY 10AM

With his monkey assistant Professor Steve Chimpington, Marky Jay is on a mission to impress every child in the room with tricks and juggling, which never seem to go completely to plan, with hilarious results.

GLAMBA DRUMMING WORKSHOPS ALL AGES | SUNDAY 2PM

Glamba bring their Junk Drumming workshop, as seen on Justin's House on CBeebies!

FAILFAILFAILWIN SHOW ALL AGES (AIMED AT KIDS) | SUNDAY 12NOON

Circus is REALLY hard. FailFailFailFailWin! is a show about not hiding all the tries you did that didn't work. With a cast of puppet friends: Professor Steven Chimpington, scientist, raconteur; and Colin the Crab, anarchist, physical theatre practitioner, and of course El Diablo, Mexican wrestler and CBT coach.

PYROGRAPHY ALL AGES (AIMED AT ADULTS)

Pyrography - burn a picture on to a wooden disc to make key ring, gift tag or decoration

UKRAINIAN BEAD RINGS ALL AGES

Learn how to thread Ukrainian beads to make rinas and bracelets. Oksana, a bead artist from Ukraine, together with her children, would like to share bead art and Ukrainian culture with you.

GROOVY RECORDS ALL AGES

Make a festival souvenir from an old vinyl record at The Groovy Records Workshop, Transform an LP into a clock, mirror, photo frame or spinning top. Please note, no decent records are harmed in this workshop!

TWIG PENS ALL AGES

Make your own twisty pen by drilling out the core of a hazel twig with our mechanical hand drill contraption. Add your name to the side and even pop in a feather at the end to make it your own.

NAIL ART ALLAGES

Using hammer, nails, twine and wood, make a decorative wall hanging. Design your own or use a template (heart, star or flower) and maybe add extra fairy lights?

WINGS & THINGS ALL AGES

Make wings, crowns and masks

JUNK INSTRUMENTS ALL AGES

Make wings, crowns and masks

RAGGY WORKSHOP ALL AGES

Rag rugging and upcycled thread techniques

UPCYCLED CLOTHING ALL AGES

Let's reuse the clothes mountain! Learn how to upcycle old clothes and transform them into new wearable garments! Some clothes provided but please feel free to bring your own.

TYE DIE ALL AGES

Tie dye T shirts! A fun way of transforming an old T shirt into a new one! Bring your own or T shirts will be provided for a small fee.

FESTIVAL HEADRESSES ALLAGES

Nothing says festival like a festival head dress! Learn how to make headdresses from reclaimed fabrics, turning the old into something new and fabulous!

BLEEPHAUS ADVENTURE PLAYGROUND OF **LIGHT & SOUND | ALL AGES**

Bleephaus provides opportunities for creative play in audio and video using technology from analogue synthesisers to cheap circuit-bent toys, from experimental devices to equipment you can pick up to play with at home.

FESTIVAL WANDS ALLAGES

Make a rocket wand, a fairy wand or any other wand you like - the more creative, the better!

MOSAIC ART FLAGS ALLAGES

Create your own flag to wave around at the festival; colourful and bright in any shape you like!

BADGE MAKING ALLAGES

Design the ultimate personal festival souvenir to take home!

COLLAGED FLAGS ALLAGES

Print, collage and paint eye catching flags, ideal to hana at your site or carry for the parade.

MINI DRUMS ALL AGES

Percussion Instruments - You're in the band! Make mini drums or a range of percussion shakers to bang, move and shake along with the bands.

ENAMELLING ALL AGES (AIMED AT ADULTS)

Glass enamel powders and beads will be used to create a fired design on a copper shape. Turn it into jewellery of your choice; necklace, badge, earrings or keyring. There is a minimal charge for materials.

MESSY PAINTING ALL AGES

Space to be creative (and messy!) Add your wonderful work to the ever-growing gallery.

CASSETTES ALL AGES

The Happy Sloth Tape Club is a brand new festival workshop - grab a free blank cassette, discover new artists and record your own old-school compilation tape. Suitable for youngsters curious about cassettes and older folk who enjoy a bit of nostalgia for the Walkman era.

MASQUERADE MASKS ALLAGES

Imaginations come alive in the activity tent making Masquerade Masks - awaken your carnival spirit.

SHADOW PUPPETS ALLAGES

For some fun back at the tent we will help you to conjure up shadow puppets. Have fun with your torch and your creations.

SCREEN PRINTING ALL AGES

Come and design your own stencil which can be screen printed either onto paper or a fabric bag there is a small charge for the bags.

BATIK ALL AGES

Draw your design out on fabric before applying the hot wax. Then add coloured dye and finally iron out the wax to reveal your completed design. Come along and have a go!

JUNK MODELLING EXTRAVAGANZA **ALL AGES**

Explore unusual materials to make your own wild, colourful sculptures. Focussing on sustainability, kids will be encouraged to design imaginatively using materials sourced from a recycling centre.

MEADOW

AERIAL SHOW

ALL AGES (AIMED AT KIDS) | FRIDAY 2PM AND 5PM

An aerial extravaganza of gravity defying creative movement, twisting and tumbling through the air.

AERIAL WORKSHOP

ALL AGES | FRIDAY 3PM

Drop-in workshops suitable for complete beginners upwards, have fun climbing, spinning and hanging upside down on aerial apparatus!

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DRUMMING

ALL AGES | FRIDAY 3PM

Be at the Creative Stage and make some nonmessy music with upcycled junk drums and percussion. Fun. funky and full of silly original sonas and rhythms to bring the festival tribe together.

TAI CHI

ALL AGES (AIMED AT ADULTS) SATURDAY 10AM/ SUNDAY 10AM

Joe's Easy TaiChi is gentle and easily attainable for virtually anyone. Low-impact, highly effective exercise. Learn simple entry level moves to help oil your skeleton and salve your psyche.

BOLLYWOOD DANCE

ALL AGES | SATURDAY 2PM Learn fun Bollywood dance steps just like the mov-

ies at this glamorous dance workshop. Do the hatka jatka and dance like a Bollywood star. Learn the tumka (hip moves). Suitable for all gaes.

SAMBISTAS PERFORMANCE

ALL AGES I SATURDAY IPM/ SUNDAY IPM

The Sambistas are bringing Afro-Brazilian carnival vibes. Mixing styles like Batucada and Samba Reggae with UK rhythms like Hip hop and Junale, make sure you don't miss this high energy show!

BALLOON DRAGON

ALL AGES | SUNDAY ALL DAY

Throughout the day anyone can help build a giant dragon with modelling balloons that will be the focus of our parade at 4pm. We will need people to bring the dragon to life in the parade too!

CRABRACADABRA

ALL AGES (AIMED AT KIDS) | SUNDAY 4PM

Circus performer Loz Because brings her interactive mix of story-telling, adventures on the sea, balloon pirates, puppet friends, juggling and hula-hooping, and her cheeky sidekick Colin the Crab.

RECORDING STUDIO

ALL AGES (AIMED AT KIDS) | SUNDAY 1 TO 4PM

An opportunity to make music using a state-ofthe-art recording studio on wheels. Be involved in creating music you love - record a track, improve song-writing skills, develop music production.

BOARD GAMES IN STORYBOX

ALL AGES | SEE SIGNAGE FOR OPENING TIMES ON SITE

After a successful launch at Wychwood 2022, our board games area returns to challenge and absorb - the perfect place to take break, spend time with friends or play against the masters.

CLAY MODELLING

ALL AGES | ALL DAYS 2PM TO 5PM

Make mythical monsters from clay! Open to all ages, young and old alike.

GRANNY TURISMO

ALL AGES | 1PM - 5PM AROUND SITE

Meet the world's first and only formation shopping trolley dance display team. Doris and Marge are delighted to be at Wychwood for the very first time. With their banging 'Chunes' and dance moves, they'll certainly be livening up the party!